

Susquehanna Trail Dog Training Club

December 2025



Old Friends

by Connie Cuff



As we get busy with holiday activities we must keep in mind that our dogs may need stimulation or they will become bored. If we fail to give our dogs activity to keep them busy over the holidays, it can lead to undesirable behavior such as barking, chewing on furniture and nipping on humans and over excitement.

The goal is to find the balance of rest, play, and work that suits your dog. Setting up a daily training schedule will provide mental stimulation. They do not need to be long and adding some trick training can engage his/her brain.

You can exercise your dog on a walk and having a partner can add a layer of interest. Walking on a new route with new smells is also useful.

There are lots of toys on the market designed to provide stimulation for a dog. Other options are snuffle mats, kibble dribbler, slot feeders. There is a feeder that the dog places his paw on, like a ringer. It will drop a kibble from a dispenser each time. This will give him his full meal which will take time and give him something to do.

I feel as a Club our group has accomplished a great deal this year with many acquiring CGC and ATD for their dogs. Each person comes to class with the hope of training their dog to have good manners. But most importantly we are keeping our dog socialized and us as well. I thank all of you for your support in participating in our therapy visits which bring joy to all we visit.

"A hundred years from now, it will not matter the sort of house we lived in, what our bank account was, or the car we drove.... But the world may be different because we were important in the life of animals and creatures on the earth".

May all the love we have for our dogs and one another bring us much happiness over the holiday season, and that is my wish for all of you.

Till next time

Connie



Notes and Notices



I wish to thank **Kelly & Brandon** for all the help they give us sending messages and keeping up with the Club Calendar. **Myra** works in getting therapy visits and **Tracy** gets all those puppies through Star Puppy which is such a big help in keeping our Club active. I must thank **Ray Ramos** for coming to classes and focusing with some behavior issues when needed.

I also wish to thank the Club members for the gift for my birthday. You always amaze me and I want you to know how much I appreciate ALL of you. Janice sure did a wonderful Job with the cupcakes and it made for a wonderful get together.

We welcome **Barbara Brown** from Herndon with her Cava Poo, **Bella**.

Thank you to **Janice** and **Gabby** for representing our Club at the Special Olympics event in Williamsport on November 22nd.

We will move classes to the gym at the Selinsgrove Center on Sunday, January 4th with Advanced at 1pm and Beginners at 2pm. Please check the Club Website and emails for cancellation due to weather conditions.

Club dues will be taken (\$20) for 2026. Payment needs to be made by February 28th or you will be removed from the list. Payment can be mailed and you can contact us through an email listed on our Club Website for an address to do so.

UPCOMING THERAPY VISITS AND CLUB ACTIVITIES

Dec. 1 (Mon)	Bucknell @ Library (ATD only)	11:00am - 1:00pm
Dec. 3 (Wed)	Heritage Springs	10:00am
	Buffalo Valley	10:45am
Dec. 4 (Thurs)	Lewisburg Prison RDAP (Badged only)	12:00pm
Dec. 5 (Fri)	Allenwood Prison Medium (Badged only)	11:00am - 2:00pm
	Bucknell @ Elaine Langone Center (ATD only)	12:00pm - 1:00pm
Dec. 8 (Mon)	5 Star (Certified only)	12:15pm
Dec. 10 (Wed)	Riverwoods	10:00am
Dec. 11 (Thurs)	Mountain View Manor	1:30pm
Dec. 12 (Fri)	Shikellamy High School (ATD only)	8:00am - 10:00am
Dec. 15 (Mon)	Columbia County Prison (Certified only)	1:15pm
Dec. 16 (Tue)	Grayson View	6:00pm
Dec. 17 (Wed)	Heritage Springs	10:00am
	Buffalo Valley	10:45am
Dec. 18 (Thurs)	Mansion Nursing Home	10:30am
Dec. 24 (Wed)	Riverwoods	10:00am
Dec. 25 (Thurs)	<i>Merry Christmas!</i>	
Dec. 30 (Tue)	Penn Lutheran	10:00am
Dec. 31 (Wed)	Heritage Springs	10:00am
	Buffalo Valley	10:45am

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 1pm - Advanced Training 2pm - Beginner Training	1 11am - Bucknell ATD only	2	3 10am - Heritage Springs 10:45am - Buffalo Valley	4 12pm - Lewisburg RDAP -	5 11am - Allenwood 12pm - Bucknell ATD only	6
7 1pm - Advanced Training 2pm - Beginner Training	8 12:15pm - 5 Star (Certified	9	10 10am - Riverwoods @	11 1:30pm - Mountain View	12 8am - Shikellamy HS (ATD	13
14 1pm - Advanced Training 2pm - Beginner Training	15 1:15pm - Columbia County	16 6pm - Grayson View @	17 10am - Heritage Springs 10:45am - Buffalo Valley	18 10:30am - Mansion	19	20
21 1pm - Advanced Training 2pm - Beginner Training	22	23	24 10am - Riverwoods @	25	26	27
28 1pm - Advanced Training 2pm - Beginner Training	29	30 10am - Penn Lutheran	31 10am - Heritage Springs 10:45am - Buffalo Valley	1	2	3